

This program is run by ISS
in partnership with your canton.

Express your solidarity
by spending time
with a young migrant

AN EXTRA
PLACE
AT YOUR
TABLE



For more information or to volunteer as a mentor,
please visit our site at
www.solidarity-young-migrants.ch

**SWISS FOUNDATION OF
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Share
more than
just a meal!



FONDATION SUISSE DU SERVICE SOCIAL INTERNATIONAL
SCHWEIZERISCHE STIFTUNG DES INTERNATIONALEN SOZIALDIENSTES
FONDAZIONE SVIZZERA DEL SERVIZIO SOCIALE INTERNAZIONALE
SWISS FOUNDATION OF THE INTERNATIONAL SOCIAL SERVICE

WHY “AN EXTRA PLACE AT YOUR TABLE”?

An increasing number of young migrant minors are arriving in Switzerland without their parents or guardians. These young people, called non accompanied minors, are isolated, don't know where to go or what to do, and often don't have anyone they can trust in their new environment.

Furthermore, many people are looking for volunteer opportunities with young people to express their solidarity during the current migrant crisis in Switzerland and Europe. However, there are currently few opportunities to match young migrants with volunteer mentors.

To address this need, the Swiss Foundation of the International Social Service (ISS) has launched “An extra set at your table”. This project is a volunteer initiative for individuals in the host community to provide guidance and personalised support for young migrants. It continues and complements the government's efforts in helping young migrants.

“It's not just about volunteering your time. It's a unique opportunity for both people to develop a rich relationship, discover different cultures and share special moments together!”

Carole, Moussa's mentor

“To have someone in my environment who cares about me encourages me and gives me more confidence to believe in my future.”

Moussa

WHO IS THIS FOR?

All young migrants under 18, both boys and girls, who are living in Switzerland and looking for support.

All volunteers over 25 years of age, living in Switzerland, with a clean criminal record and wishing to provide long-term support to a young migrant.

HOW?

Contribute to the well-being and integration of a young migrant by creating a relationship of trust and exchange and by sharing special moments together. You can participate in activities together, share a meal, or show them what your interests are.

Creating a trusting relationship takes time. This is why young migrants and their mentors build long-term relationships by spending a few hours together each month. ISS will provide support and regular follow-ups in the first few months.

At the end of the program, the pair will decide if they wish to remain in contact with one another.

LINK

LISTENING

FRIENDLINESS

LEISURE

